

Speaking Up

An Innovative, Interactive Approach to Bias Awareness & Intervention In The Workplace.



Have you ever wondered...

Why didn't I say something?

Deciding whether, when, and how to respond can be complicated. Speaking Up is a unique, evidence-based professional development model to build bystander skills and respond effectively to bias.



Learn

Speaking Up is based on the science of witnessing and responding to bias. Our workshops begin with a foundational presentation to ground participants in a shared understanding of these phenomena.



Observe

Professional improvisational actors model a range of common workplace biases. Speaking Up participants experience these moments as a bystander would, gaining a deeper awareness of the impact of bias and the potential barriers or catalysts for taking action.



Interact

Speaking Up participants interact directly with the characters to question and explore moments of bias through active discussion. Experienced and expert co-facilitators foster understanding of how perception, identity, and prior experience can shape bystander reactions, including whether people speak up.



Replay

Speaking Up participants experiment with different strategies by rewinding, replaying, and directing characters to respond in the moment. Participants leave with practical tools, skills, and greater self-efficacy to use those tools in the future.

Why choose Speaking Up? Our program is effective because it's evidence-based, interactive, customizable and offers a safe space for participants to learn and grow.



Ready to speak up? Get in touch today.

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